

The Manchester Context

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The Manchester Strategy

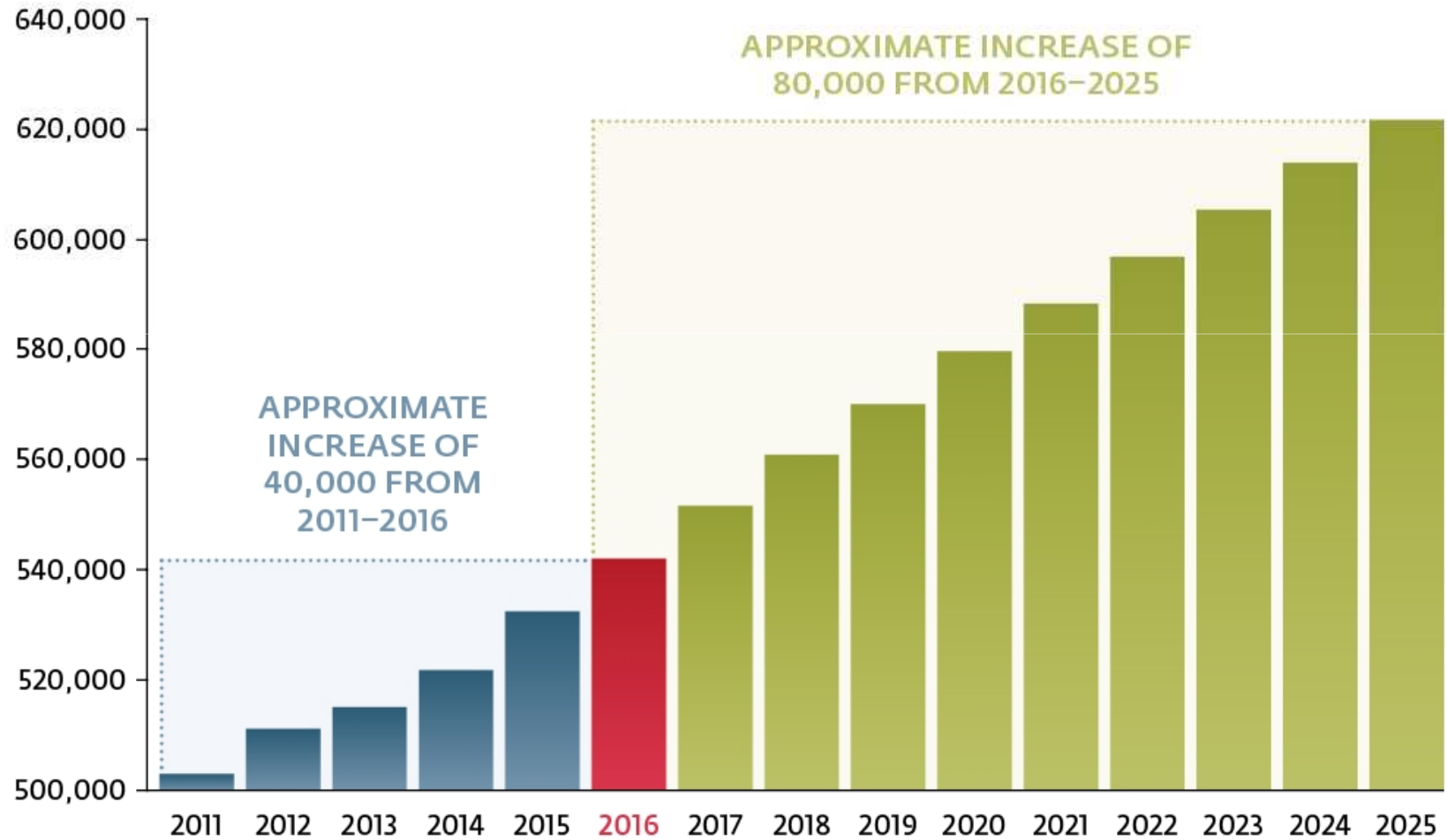
By 2025, we will be a world class city with:

- a competitive, dynamic and sustainable economy
- highly skilled, enterprising, and industrious people
- national and international connectivity
- climate change impacts being limited
- residents from all backgrounds that feel safe, can aspire, be successful and live well
- a welcoming atmosphere, that's clean, attractive, rich in culture and outward looking.

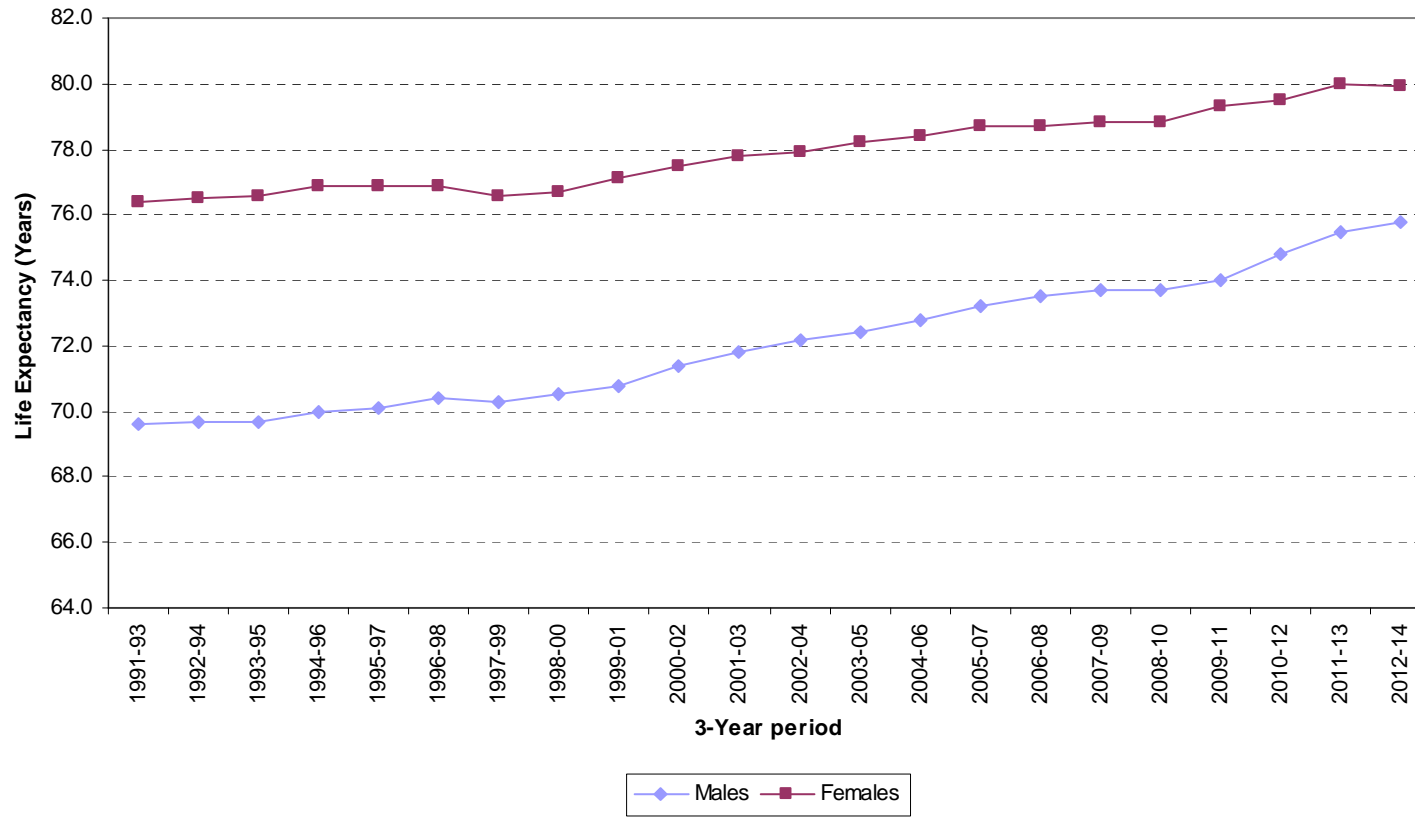
Manchester – the challenges

- Physically changing city
- Population growth: fastest growing city in the UK
- Some absolute improvements in health, but significant health inequalities within Manchester and between Manchester and the rest of the country
- Manchester has the poorest health of any City in England

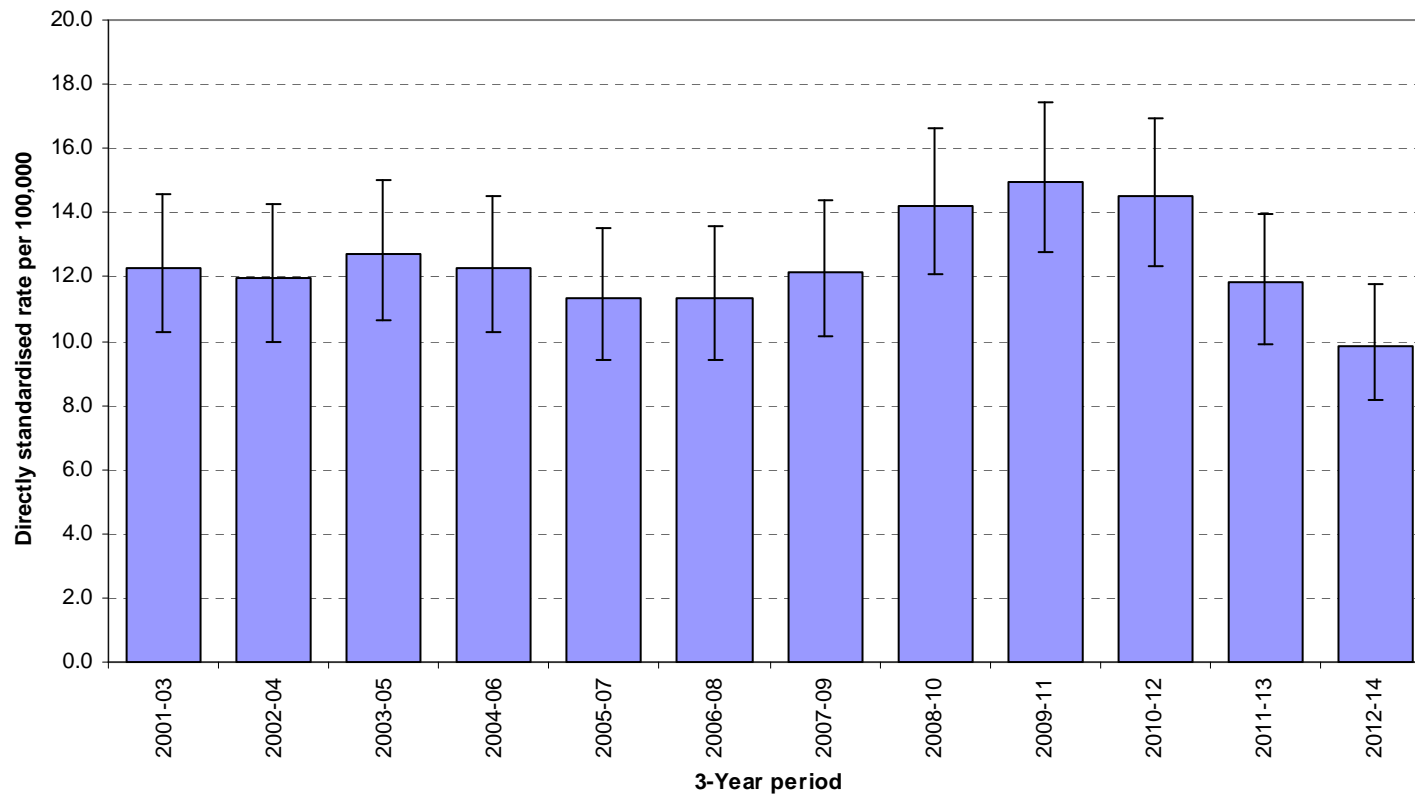
Manchester Population projections



Life expectancy at birth by gender
Manchester 1991-93 to 2012-14



**Suicide and undetermined injury: Directly standardised rate per 100,000 population
Manchester 2001-03 to 2012-14**



Lifestyle choices and mental wellbeing

- Unhealthy lifestyles are associated with a higher prevalence of low mental wellbeing, including:
 - consuming fewer fruit and vegetables;
 - doing less physical activity;
 - spending more time sedentary;
 - spending less leisure time outdoors; and
 - smoking;

Future investments in Wellbeing Services

2016/17 (Care Trust specific)

- £1.93 million in the redesigned Wellbeing Service
- Continued investment in Physical Activity, Oral Health Improvement and Falls Prevention Services

